

Choose Your Primary Care Provider

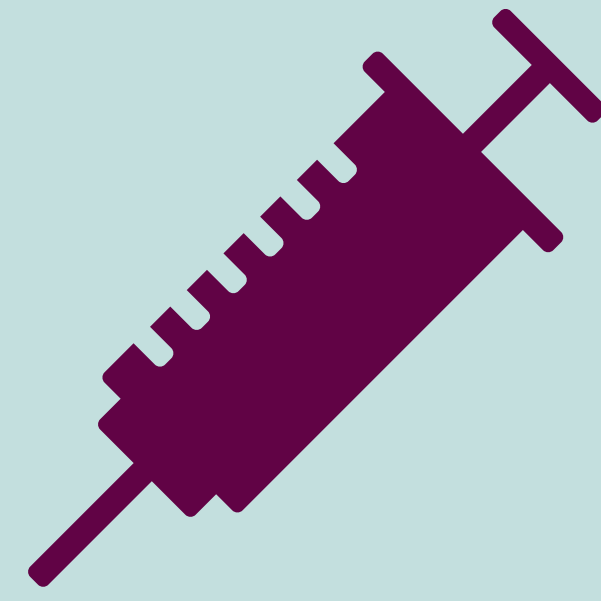
HealthSelect of Texas[®] participants must have a primary care provider (PCP) on file with Blue Cross and Blue Shield of Texas (BCBSTX). You have 60 days from the date your coverage starts to choose a PCP.

Having a PCP helps you get the highest level of benefits and keeps your health care costs down. Your PCP serves as your first point of contact when you need non-emergency medical care, like preventive care. All services must be coordinated through your PCP in order to pay for your care at the in-network level.

Here is how Ravi, a HealthSelect of Texas participant, chose his PCP.

Ravi's PCP Selection Journey:

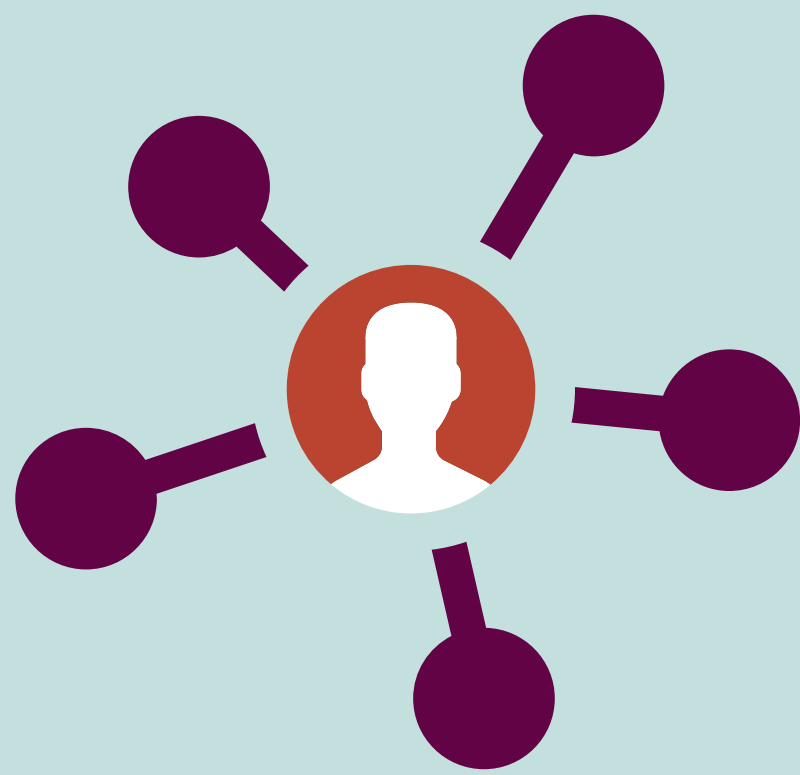
Ravi enrolled in HealthSelect of Texas and needs to choose a PCP within 60 days. To make his selection, he can call a BCBSTX Personal Health Assistant, but he'd prefer to do it all online.



Preventive services - like annual wellness exams and preventive vaccinations - are covered at

100%

There are more than 18,000 PCPs in the HealthSelectSM network across the State of Texas.



18,000

Ravi logs in to his Blue Access for MembersSM account to choose his PCP. Before he submits his choice, he uses the "Find Care" options on the dashboard home screen to launch Provider Finder[®] and search for medical providers in his area.

Ravi compares four doctors side-by-side. He reviews their ratings, the distance from his home, and whether they accept new patients. He finds one that fits his needs. He also finds PCPs for his kids, who are covered dependents under his plan. He feels good about making the choices now because he knows he can choose a different provider at any time if he wants to.

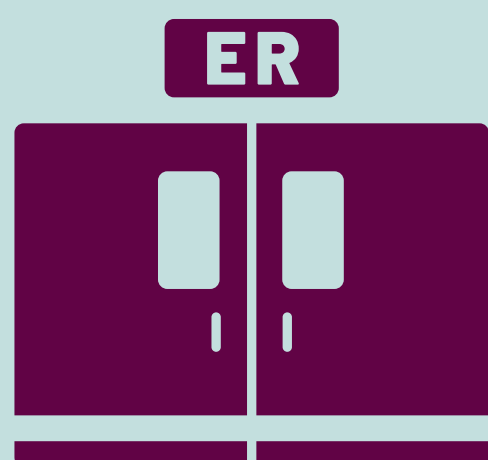
You can change you PCP anytime in Blue Access for Members.



Visits to your PCP are less expensive than visits to urgent care centers or the emergency room.



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Ravi goes back to his Blue Access for Members account and clicks on "Change PCP." He searches and finds the provider by name and follows the prompts to confirm his selection and address for his new medical ID card. He also chooses a PCP for his kids by repeating the process. Now that Ravi and his kids have a PCP on file with BCBSTX, he decides to schedule annual preventive check-ups for all of them.

Learn more about the benefits of having a PCP.

Find in-network providers and choose your PCP by logging in to or creating your Blue Access for Members account today.

If you need help with finding or choosing a PCP, call a BCBSTX Personal Health Assistant toll-free at (800) 252-8039 (TTY: 711), Monday–Friday 7 a.m. - 7 p.m. and Saturday 7 a.m. - 3 p.m. CT.