

Focus on the good life



Take the first step toward the good life and earn up to **100 Buena Vida Bucks** (\$99 in value)!

- Take the Health Assessment to earn 25 Buena Vida Bucks (one time).
- Download the Wellness At Your Side app to earn 15 Buena Vida Bucks (one time).
- **NEW!** Complete the Trek Through Texas Challenge this September and earn up to 30 Buena Vida Bucks (one time).
- **NEW!** Complete a Wellness Challenge to earn 25 Buena Vida Bucks (up to two times for a max of 50).
- **NEW!** Complete a Side Quest to earn 15 Buena Vida Bucks (up to two times for a max of 30).
- **NEW!** Complete any one of these five preventive activities — annual wellness exam, VirtualCheckup® by Catapult Health, colorectal cancer screening, breast cancer screening or well woman exam — to earn 50 Buena Vida Bucks (one time).

If you are unable to participate in a challenge or Side Quest, please contact WebMD Customer Service before the end of that challenge to learn more about an alternative rewards activity. You can reach **WebMD Customer Service at 1-833-404-6080**.

Your well-being pays off — literally.

Scan the QR code to watch a quick video and discover what the **good life** with Buena Vida is all about!



Register for Buena Vida

Take the first step toward the good life today — sign up at buenavidaers.com. Available to participants in HealthSelectSM health plans.

Download the “Wellness At Your Side” mobile app and use connection code **buenavida** to take Buena Vida on the go.

