



Blue Access for MembersSM

HealthSelect[®]
of Texas

CONSUMER DIRECTED
HealthSelectSM

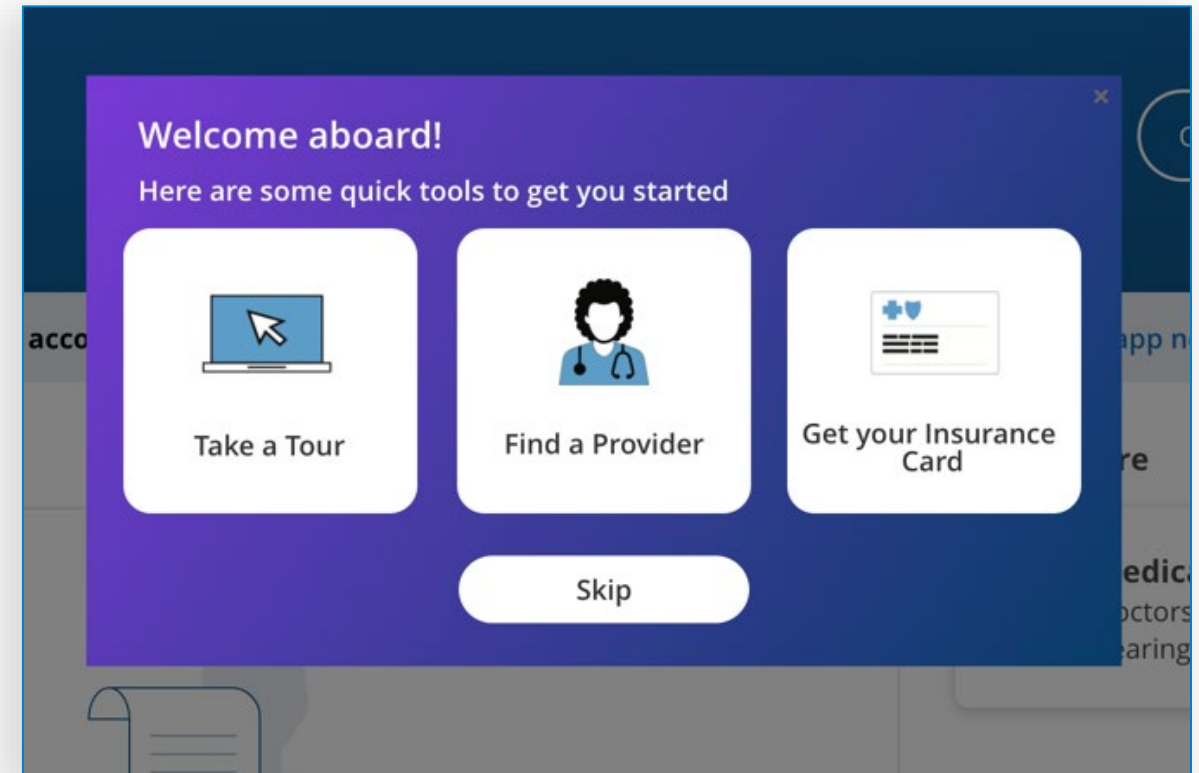


BlueCross BlueShield
of Texas

What is Blue Access for Members?

Participant Portal:

- Find an in-network doctor, hospital or other provider
- View your claims and download Explanation of Benefits (EOBs)
- Confirm that prior authorizations and referrals are in place
- Change or choose a primary care provider (PCP)
- Request a new medical ID card or download a digital medical ID card
- Check the costs of services and procedures covered under your plan
- Choose HealthSelectShoppERSSM rewards-eligible procedures and providers



Log In or Register

1. Go to **www.healthselectoftexas.com**,
2. Register for an account using your medical ID card or
3. Log in with your existing Blue Access for Members account User Name and Password

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ERS Website Contact Us Log In

blueaccess
for Members™

Blue Access for MembersSM is a secure portal. You can find out about your health plan benefits, review your claims, and much more. You will need your ID card to sign up.

User Name:

Password:

Log In

- New user? [Register now](#) .
- Forgot [user name](#) or [password](#) ?

www.healthselectoftexas.com

Dashboard

- Digital Medical ID Card
- Recent Claims
- Spending Summary
- Blue Cross and Blue Shield of Texas (BCBSTX) Personal Health Assistant contact number

Blue Cross BlueShield of Texas HealthSelect

Español Language Assistance Messages My Account

Dashboard Claims Coverage Spending Find Care Wellness

Hello, John!

Medical ID Card Contact us Participant: John Smith

Access your account information from your Apple or Android device. Download the BCBSTX app now.

You have separate views for dependents for one or more of your plans. To view individual participant information, choose the name on the top right corner, in the blue banner to select a different participant.

Recent Claims

Date	Participant	Provider	Claim Number	Total Billed	You may owe	Claim Status
Nov 2021	John Smith	University of Texas Health Physician Practice	02019ASDF02019	\$27K	\$99.00	Paid
Nov 2021	John Smith	Texas Health Arlington Memorial Hospital	02019ASDF02019	\$340.01	\$33.47	Paid
Oct 2021	John Smith	Provider Details Unavailable at this time	02019ASDF02019	\$1.5M	\$999.999	Paid

Find Care

Medical: Doctors and hospitals, nurseline, hearing aids

Personal Health Assistant

Talk to a Personal Health Assistant: Chat to get answers about your benefits, find in-network providers, compare costs for a procedure, and more.

Spending

Category	Max	Remaining
Individual Coinsurance Max (In-Network)	77.85 / 2,250.00 limit	\$2,172.15 remaining
Family Out of Pocket Max (In-Network)	1,289.40 / 14,000 limit	12,710.60 remaining

Claims tab

- See list of most recent claims
- Filter by date, participant, claim status and type, and provider
- New search feature
- Access Explanation of Benefits for individual claims

The screenshot displays the HealthSelect Claims tab interface. The top navigation bar includes links for Dashboard, Claims (highlighted with a red box), Coverage, Spending, Find Care, and Wellness. The Claims tab is active, showing a list of claims for participant John Smith. The list includes columns for Date, Member, Provider, Claim number, and Total billed. A red box highlights the 'Explanation of Benefits (EOB)' link for a claim dated Mar 3, 2022, for John Smith at Texas Health Arlington Memorial Hospital. A detailed view of this claim is shown on the right, displaying the claim status as 'Paid' and a breakdown of costs, including a total billed of \$27,000 and a network discount of \$10,000, resulting in a total amount owed of \$99.00.

HealthSelect Claims Summary

Search by claim number, provider name, and more

We display up to 18 months of claims from today's date. Don't see your claim? Please make sure you have chosen the correct plan from the list at the top of the screen.

Download Claims

Select All

Results per page 10 22 Results

Filters

Date Range
From: mm/dd/yyyy To: mm/dd/yyyy

Participant: All

Claim Status: All

Claim Type: All

Provider: All

Apply
Clear Filters

Claims List:

- Mar 3, 2022 NEW
Member: John Smith
Texas Health Arlington Memorial Hospital
Claim number: 0202207050V12210X Total billed: \$27K
[Explanation of Benefits \(EOB\)](#)
- Mar 1, 2022 NEW
Member: Mary Smith
Texas Health Arlington Memorial Hospital
Claim number: 0202207050V12210X Total billed: \$27K
[Explanation of Benefits \(EOB\)](#)
- Feb 20, 2022
Member: Mary Smith
Provider Details Unavailable at this time
Claim number: 0202207050V12210X Total billed: \$7.5M
[Explanation of Benefits \(EOB\)](#)
- Feb 4, 2022
Member: John Smith
Texas Health Arlington Memorial Hospital
Claim number: 0202207050V12210X Total billed: \$27K
[Explanation of Benefits \(EOB\)](#)

Claim Detail View:

Back to All Claims

Nov 1, 2021 NEW

Texas Health Arlington Memorial Hospital

Claim Status: Paid

Member: John Smith
Claim number: 02019ASDF02019
Claim Type: Medical
Last Updated: Nov 1, 2021

Total Billed by Provider: \$27,000

Network Discount: \$10,000
Paid By Plan: \$16,901
Paid By Another Source: \$0.00

Amount You May Owe: \$99.00

Service Detail
View the cost breakdown for each service

Coverage tab

Coverage and Benefits:

- Lists covered participant and dependent(s)
- Find digital Medical ID Card
- Benefits Highlights for plan:
 - In- and out-of-network coverage
 - Copays
 - Coinsurance
 - Deductibles
 - Out-of-pocket maximums

The screenshot shows the HealthSelect website interface. At the top, there's a navigation bar with links for Dashboard, Claims, Coverage (highlighted with a red box), Spending, Find Care, and Wellness. Below this, a blue header bar contains 'Coverage and Benefits' and 'Participant: John Smith'. The main content area is titled 'HealthSelect In-Area' and lists four participants: John Smith, Mary Smith, Debbie Smith, and Landon Smith. Each participant's details are shown in a card format, including Date of Birth, Plan Type, Effective Date, End Date, ID Number, and Group Number. A red box highlights the 'HealthSelect In-Area' section and the 'Digital ID Card' button. Below this, the 'Benefit Highlights' section is visible, showing medical benefits such as Emergency Room Copay, Family Deductible, Family Out Of Pocket Maximum, Individual Coinsurance Maximum, and Individual Deductible.

Participant	Date of Birth	Plan Type	Effective Date	End Date	ID Number	Group Number
John Smith	Jun 12, 1980	EPOS	Aug 15, 2021	-	SDF123456789	238000
Mary Smith	Jun 11, 1980	PPO	Aug 15, 2021	-	SDF123456789	238001
Debbie Smith	Jun 10, 2000	PPO	Aug 15, 2021	-	SDF123456789	238001
Landon Smith	Jun 9, 2000	EPOS	Aug 15, 2021	-	SDF123456789	238000

Benefit Category	In-Network	Out of Network
Emergency Room Copay	\$150	Not Covered
Family Deductible		\$1,500
Family Out Of Pocket Maximum	\$14,000	NO LIMIT
Individual Coinsurance Maximum	\$2,250	\$2,250
Individual Deductible	NONE	\$500

Coverage tab - continued

- Prior Authorizations and Referrals:
 - Lists prior authorizations on file
 - Lists referrals on file

The screenshot shows the HealthSelect website interface. At the top, there's a navigation bar with links for Dashboard, Claims, Coverage (highlighted with a red box), Spending, Find Care, and Wellness. Below this, a sub-navigation bar shows 'Coverage and Benefits' and 'Prior Authorizations and Referrals' (highlighted with a red box). The main header area displays 'Prior Authorizations and Referrals' and the participant's name 'John Smith'. Below the header, there are tabs for 'Prior Authorizations' (highlighted with a red box) and 'Referrals'. The main content area explains prior authorization and lists three results. A 'Filter' button is located on the right side of the results section.

Prior Authorizations and Referrals

Participant: John Smith

Prior Authorizations Referrals

A prior authorization is used to decide whether a health care service is covered under a health care plan. Prior authorization is based on a medical need for the service called for, and the location of the service. Most often, your doctor will get prior authorization for you before providing a service or procedure.

- N/A in the Start Date and End Date columns means a prior authorization has been denied.
- 99 in the Visits/Days Accrued column means you are approved for an unlimited number of visits during the approved time period.

If you have a prior authorization through a past health plan that is not included in the list below, please call a Personal Health Assistant at 1-800-252-8039, Monday - Friday 7:00 a.m. - 7:00 p.m. central time (CT) and Saturday 7:00 a.m. - 3:00 p.m. CT.

[Filter](#)

3 Results

Jun 10, 2018 - Jun 28, 2018 Participant: John Smith Overall Status: Approved	Request ID: U18067AAAC	Provider: Houston Methodist Hospital	Status Details
Jun 10, 2018 - Jun 28, 2018 Participant: Mary Smith Overall Status: Pending	Request ID: U18067AAAC	Provider: Houston Methodist Hospital	Status Details
Jun 10, 2018 - Jun 28, 2018 Participant: Debbie Smith Overall Status: Denied	Request ID: U18067AAAC	Provider: Houston Methodist Hospital	Status Details

Spending tab

- Shows Individual and Family Maximums
- Spending summary by year for:
 - Coinsurance Max
 - Out-of-Pocket Max
 - Deductibles

The screenshot shows the 'Spending' tab selected in the top navigation bar. The page title is 'Spending' and the participant is 'John Smith'. Under the 'Current Spending' section, there is an informational box explaining Out-of-Pocket amounts. Below this, a 'Select Plan Year' dropdown is set to '2022'. The main content area displays two columns: 'Individual' and 'Family'. The 'Individual' column shows the 'Coinsurance Max' for 'In-Network' as '\$77.85 / \$2,250.00 limit' with a progress bar and '\$2,172.15 Remaining'. The 'Family' column shows the 'Out of Pocket Max' for 'In-Network' as '\$1,289.40 / \$14,000 yearly limit' with a progress bar and '\$12,710.60 Remaining'. Both columns have a dropdown for 'Individual Out of Pocket Max'. The footer contains legal and privacy information.

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Dashboard Claims Coverage **Spending** Find Care Wellness

Spending Participant: John Smith

Current Spending

Information: Your plan has two Out-of-Pocket amounts – one for each person and one for the total family. The Out-of-Pocket Maximum (OOPM) amount is the most you will pay out of your own pocket for health care fees during the year. When you meet the Individual OOPM, the plan will pay 100% for your covered care. When the Total Family OOPM is met, the plan will pay 100% for care for all family members covered by the plan.

Learn more about Deductible, Coinsurance and Out of Pocket

Select Plan Year: 2022

Individual	Family
Coinsurance Max	Out of Pocket Max
In-Network	In-Network
\$77.85 / \$2,250.00 limit	\$1,289.40 / \$14,000 yearly limit
<div><div></div></div>	<div><div></div></div>
\$2,172.15 Remaining	\$12,710.60 Remaining
Individual Out of Pocket Max	Individual Out of Pocket Max

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Find Care tab

- Find in-network doctors and hospitals with Provider Finder®
- Links to HealthSelect Prescription Drug Program under Pharmacy tab
- Links to covered medical and mental health Virtual Visits providers
- Lists 24/7 Nurseline number

The screenshot shows the 'Find Care' page on the HealthSelect website. The top navigation bar includes links for Dashboard, Claims, Coverage, Spending, Find Care (highlighted with a red box), and Wellness. The 'Find Care' page has a blue header with the title 'Find Care' and a participant name 'John Smith'. Below the header, there are three tabs: Medical (highlighted with a red box), Pharmacy, and Virtual Visits. The main content area is divided into several sections: 'Doctors and Hospitals' with a 'Find a Doctor or Hospital' button (highlighted with a red box); 'Estimate Costs'; 'Global Core'; 'Personal Health Assistant' with a 'Click to Chat' button; and '24/7 Nurseline' with a phone number. On the right side, there is a 'Primary Care Physician for:' section with a dropdown menu showing 'John Smith' and 'Dr. Michael Jones', and a 'Change PCP' button (all highlighted with a red box).

Wellness tab

- Wellness Programs:
 - Weight Management Programs
 - Fitness Program
 - Well onTarget®
- Wellness and Health Resources

The screenshot displays the 'Wellness' tab on the BlueCross BlueShield of Texas HealthSelect website. The top navigation bar includes links for Dashboard, Claims, Coverage, Spending, Find Care, and Wellness (highlighted with a red box). The main content area is titled 'Wellness' and features four program cards: 'Well onTarget', 'Fitness Program', 'Blue365 Member Discount Program', and 'Weight Management Programs'. Each card provides a brief description and a link to learn more or visit the program's website. Below the program cards, there is a section for 'Wellness Guidelines' with links to Adult, Perinatal, and Children's guidelines. At the bottom, an 'Articles' section offers links to topics like Alcohol Awareness, Allergies, and Arthritis.

Wellness

Programs

Well onTarget
Well onTarget has tools and resources to help you manage your health:

- Health Assessments to help you measure your health.
- Digital Self-Management Programs, lessons, and challenges to help you reach your wellness goals.
- With the BluePointsSM program, you can earn points by completing activities and reaching goals. These points can be redeemed online for rewards.
- Track healthy habits, sync your fitness and nutrition devices with the Well onTarget portal or download the app.

[Visit Well onTarget](#)

Fitness Program
The Fitness Program offers flexible options to get in shape and stay active. Choose from a network of gyms offering tiered pricing that fits your budget and lifestyle. This program also includes pay-as-you-go classes. You can use the mobile app to find high intensity or yoga workouts. Save even more by bundling family members under one account.
[Learn More](#)

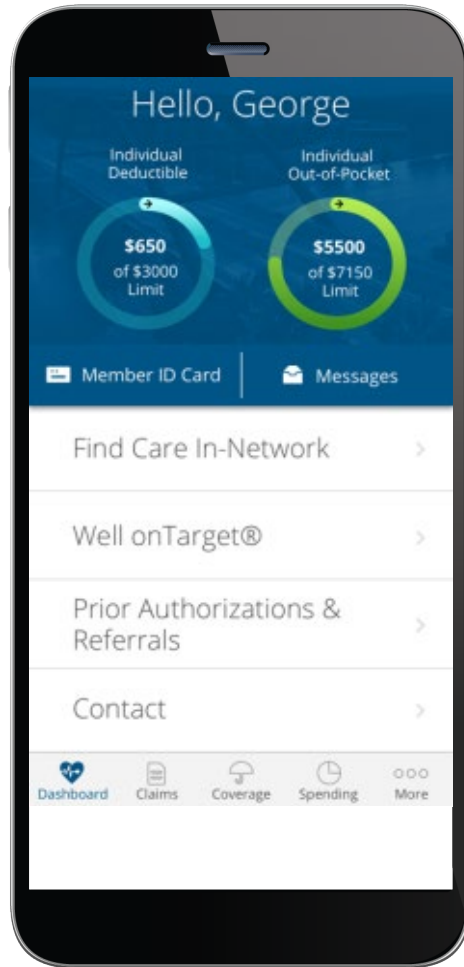
Blue365 Member Discount Program
Blue365 is a website for health-focused discounts. With discounts on health-related products as well as health and fitness clubs, and weight loss programs, and much more, you can decide what choices are right for you while saving money.
Blue365 is only available to BCBSTX members with active health plan coverage. Members who do not have an active health plan with BCBSTX will not be able to register on the Blue365 website. The relationship between Blue365, its vendors and BCBSTX is that of independent contractors.
[Visit Blue365](#)

Weight Management Programs
Wondr Health[®] and Real Appeal[®] online weight management programs are offered at no cost to eligible employees, spouses and dependents 18 and older (excludes Medicare primary participants) enrolled in the HealthSelect of Texas or Consumer Directed HealthSelect plan, and with a BMI of 23 or higher.
Call a BCBSTX Personal Health Assistant toll-free at 1-800-252-8039 Monday-Friday 7:00 a.m. - 7:00 p.m. CT and Saturday 7:00 a.m. - 3:00 p.m. CT to learn more. Participation is limited to one program at a time.
[Enroll at Wondr Health](#)
[Enroll at Real Appeal](#)

Wellness Guidelines
Preventive care is very important for both adults and children. By making some good basic health choices, you can boost your own health and well-being. Learn more:
[Adult Wellness Guidelines](#) [Perinatal Wellness Guidelines](#) [Children's Wellness Guidelines](#)

Articles
We offer a variety of health topics and tips that can help you take control of your well-being and help you live a healthier life.
[Alcohol Awareness](#) [Allergies](#) [Arthritis](#)

Resources at your fingertips



BCBSTX App

- Claims
- Coverage
- Deductible
- Medical ID card





Thank You

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of Texas

Disclosures

The Fitness Program and its discounts on alternative medicine and services are provided through BCBSTX to HealthSelect of Texas® participants. The program and its discounts are not covered health services under the HealthSelect of Texas plan. Please refer to your Master Benefits Plan Document or call a BCBSTX Personal Health Assistant toll-free at (800) 252-8039 for specific information about your plan's covered benefits. Use of the Fitness Program does not affect your health insurance premium, nor do costs of Fitness Program services or products count toward your calendar year or lifetime maximums and/or plan deductibles. Members are responsible for all fees, dues, taxes and other charges related to the Fitness Program. Refer to the program terms and conditions for further details. BCBSTX does not guarantee or make any claims or recommendations regarding the services or products offered under the Fitness Program. You may want to consult with your physician prior to use of these services and products. BCBSTX reserves the right to discontinue or change this discount program at any time without notice. The Fitness Program is provided by Tivity Health™, an independent contractor that administers the Prime Network of fitness locations. The Prime Network is made up of independently owned and operated fitness locations.

Wondr and Real Appeal are independent companies that have contracted directly with ERS to provide a weight loss and metabolic syndrome reduction program that is covered under some of the health benefit plans. These companies are solely responsible for the products or services offered by them. Your acceptance is not guaranteed. Participants may choose either weight management program but can only participate in one program at any given time.

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