



Benefits that work for you

Smart choices today for a healthier tomorrow

HealthSelectSM Secondary

The 2026 plan year begins
Jan. 1, 2026, and runs
through Dec. 31, 2026

healthselectoftexas.com

Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation,
a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

HealthSelect[®]
of Texas



BlueCross BlueShield
of Texas



HealthSelect Secondary Basics

HealthSelect Pays for Services after Medicare

- Who is eligible?
- Coordination of Benefits
- \$200 deductible per person, \$600 per family
- Preventive services are covered at 100%
- You do not need to have a primary care provider (PCP) on file with Blue Cross and Blue Shield of Texas
- You do not need referrals or prior authorizations

Visit **medicare.gov** to locate a provider



Plan Updates

Change to out-of-pocket maximums

- \$8,300 per person
 - Increase from \$8,050
- \$16,600 per family
 - Increase from \$16,100



New Condition Management Program

- **Omada® for Diabetes**

Manage diabetes with one-on-one personal coaching and tools to make long-lasting health changes.

Omada participants get:

- Personalized support from a health coach and diabetes specialist
- Two continuous glucose monitor sensors
- Blood glucose meter
- Ongoing supply of test strips and lancets
- Smart scale (if clinically eligible)



Scan the QR code to learn more.



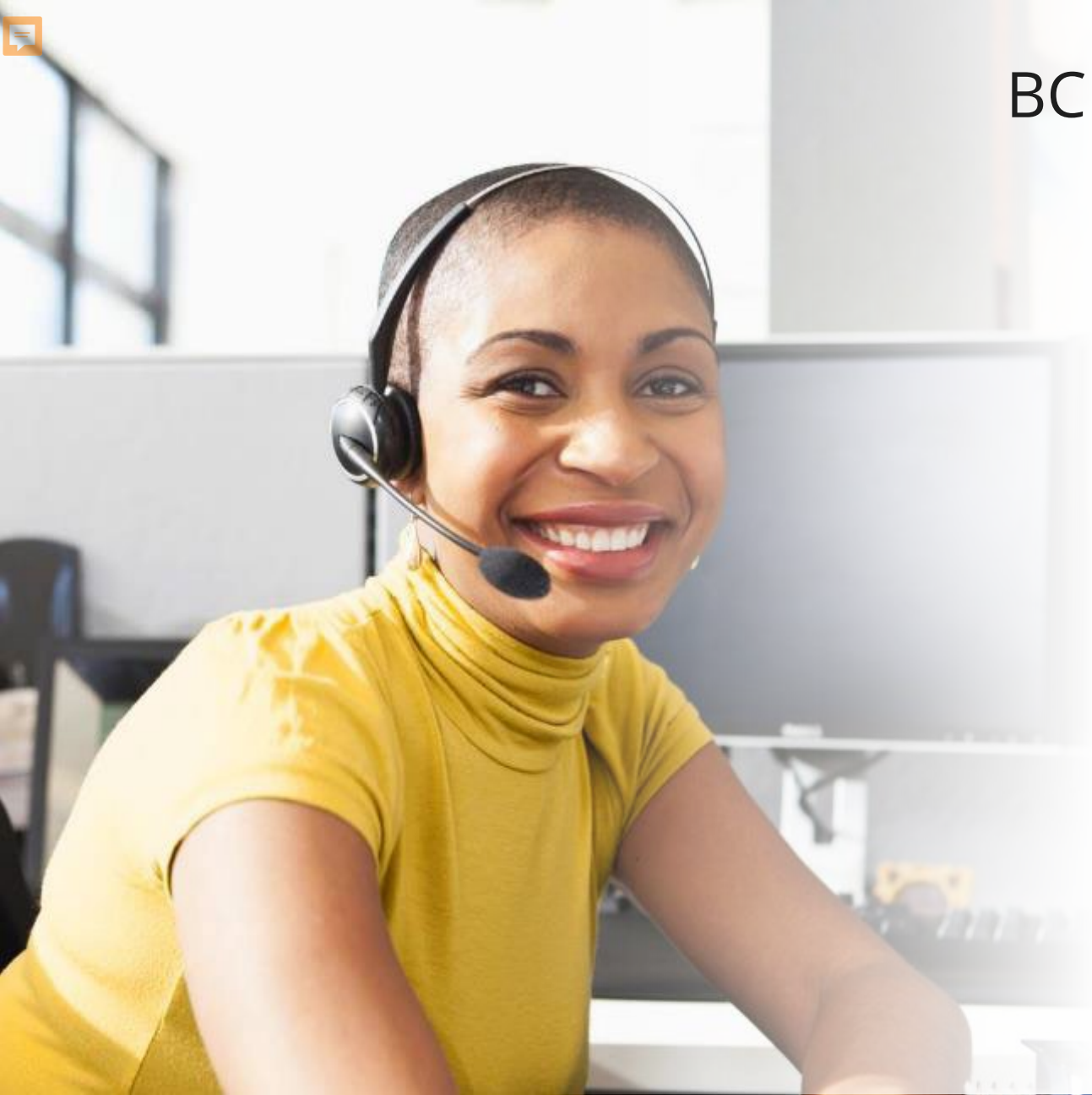


Wellness Resources

- **Buena Vida:** Online program that can help you take control of your well-being and achieve what matters most to you with easy-to-use tools that you can access from one convenient place.
- **Fitness Program:** Nationwide network of fitness centers
 - Starting at \$19 (plus tax) a month
 - \$10 a month for digital content

Scan the QR code to learn more.





BCBSTX Personal Health Assistants

For questions and help with:

- Finding a Primary Care Provider
- Benefits, programs and resources available through your medical plan
- Costs estimates, finding in-network providers and scheduling appointments
- How-to's and resources

Call toll-free: **(800) 252-8039 (TTY: 711)**

Monday–Friday: 7 a.m. - 7 p.m.

Saturday: 7 a.m. - 3 p.m. CT

For Additional Assistance

ERS

EMPLOYEES  RETIREMENT
SYSTEM OF TEXAS

Employees Retirement System of Texas

Call toll-free: **(866) 399-6908**
Monday–Friday: 7:30 a.m. - 5:30 p.m.
or online at **ers.texas.gov**



Questions

If your question is not answered today, email

BCBSTXSupport_ERSTeam@bcbstx.com

A BCBSTX representative will respond to your email
within three business days

Disclosures

WebMD is an independent company that administers the Buena Vida program. WebMD contracts directly with Employees Retirement System of Texas to provide employee health and wellness programs. They do not offer Blue Cross and Blue Shield of Texas products or services and are solely responsible for the products and services they provide. BCBSTX makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them.

Omada is an independent company that has contracted with Blue Cross and Blue Shield of Texas to provide diabetes management solutions for members with coverage through BCBSTX.

The no cost CGM excludes Medicare, Medicaid, and other government payers. The Abbott FreeStyle Libre 14 day system is available to eligible participants with a valid prescription and compatible smartphone. Setup is required for continuous glucose monitoring. The circular shape of the sensor housing, FreeStyle, Libre, and related brand marks are marks of Abbott. FreeStyle Libre 14 day system: Failure to use FreeStyle Libre 14 day system as instructed in labeling may result in missing a severe low or high glucose event and/or making a treatment decision, resulting in injury. If readings do not match symptoms or expectations, use a finger stick value from a blood glucose meter for treatment decisions. Seek medical attention when appropriate or contact Abbott at 855-632-8658 or FreeStyleLibre.us for safety info.

The Fitness Program is provided by Tivity Health™, an independent contractor that administers the Prime Network of fitness locations. The Prime Network is made up of independently owned and operated fitness locations.

BCBSTX makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them

Blue Cross and Blue Shield of Texas is not the administrator of pharmacy benefits.

Blue Cross and Blue Shield of Texas is the third-party administrator for HealthSelect of Texas® and Consumer Directed HealthSelect™