



Here for your health

Every step of the way

HealthSelectSM Secondary 2026 Fall Enrollment

The 2027 plan year begins
Jan. 1, 2027, and runs
through Dec. 31, 2027
healthselectoftexas.com

Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation,
a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association

HealthSelectSM
of Texas



BlueCross BlueShield
of Texas



HealthSelect Secondary Basics

HealthSelect Pays for Services after Medicare

- Who is eligible?
- Coordination of benefits
- \$200 deductible per person, \$600 per family
- Preventive services are covered at 100%
- You do not need to have a primary care provider (PCP) on file with Blue Cross and Blue Shield of Texas (BCBSTX)
- You do not need referrals or prior authorizations

Visit **medicare.gov** to locate a provider



Plan Updates

Change to out-of-pocket maximums

- \$8,500 per person
 - Increase from \$8,300
- \$17,000 per family
 - Increase from \$16,600





Wellness Resources

- **Buena Vida:** Online program that can help you take control of your well-being and achieve what matters most to you with easy-to-use tools you can access from one convenient place.
- **Fitness Program:** Nationwide network of fitness centers
 - Starting at \$19 (plus tax) a month
 - \$10 a month for digital content

Scan the QR code to learn more.



Where to go for care

24/7 Nurseline No additional cost	Available 24 hours a day, seven days a week Answers to health questions, general health advice and guidance on where to go for care
Medical Virtual Visits \$	Available 24 hours a day, seven days a week Non-emergency care for symptoms including allergies, colds, sore throat, headache, rash and more
Doctor's Office \$	Office hours vary Checkups, shots, colds, flu, minor injuries and more
Retail Health Clinic \$\$	Based on retail store hours Located in stores and pharmacies to provide treatment for minor medical problems including headaches, stomach pains, animal bites, sinus infections and more
Urgent Care Center \$\$\$	Generally open daytime, evenings, weekends and holidays Immediate, non-emergency care for symptoms including back pain, vomiting, diarrhea and more
You should use the emergency room (ER) only for true medical emergencies. If you are experiencing a true emergency, call 911 or seek help from a doctor or hospital immediately.	
Hospital ER \$\$\$\$	Open 24 hours a day, seven days a week For life-threatening or disabling symptoms including chest pain, bleeding, broken bones, trouble breathing and more
Freestanding ER \$\$\$\$\$	Open 24 hours a day, seven days a week For life-threatening or disabling conditions when a hospital ER is not available. Often freestanding ERs are out of network. If you receive care from an out-of-network provider, you will pay more.

2027 Wellness Webinar Dates

TOPIC

HealthSelect Secondary

How to access your wellness benefits

Jan. 13

Understanding Hypertension

April 14

Diabetes: Management and prevention

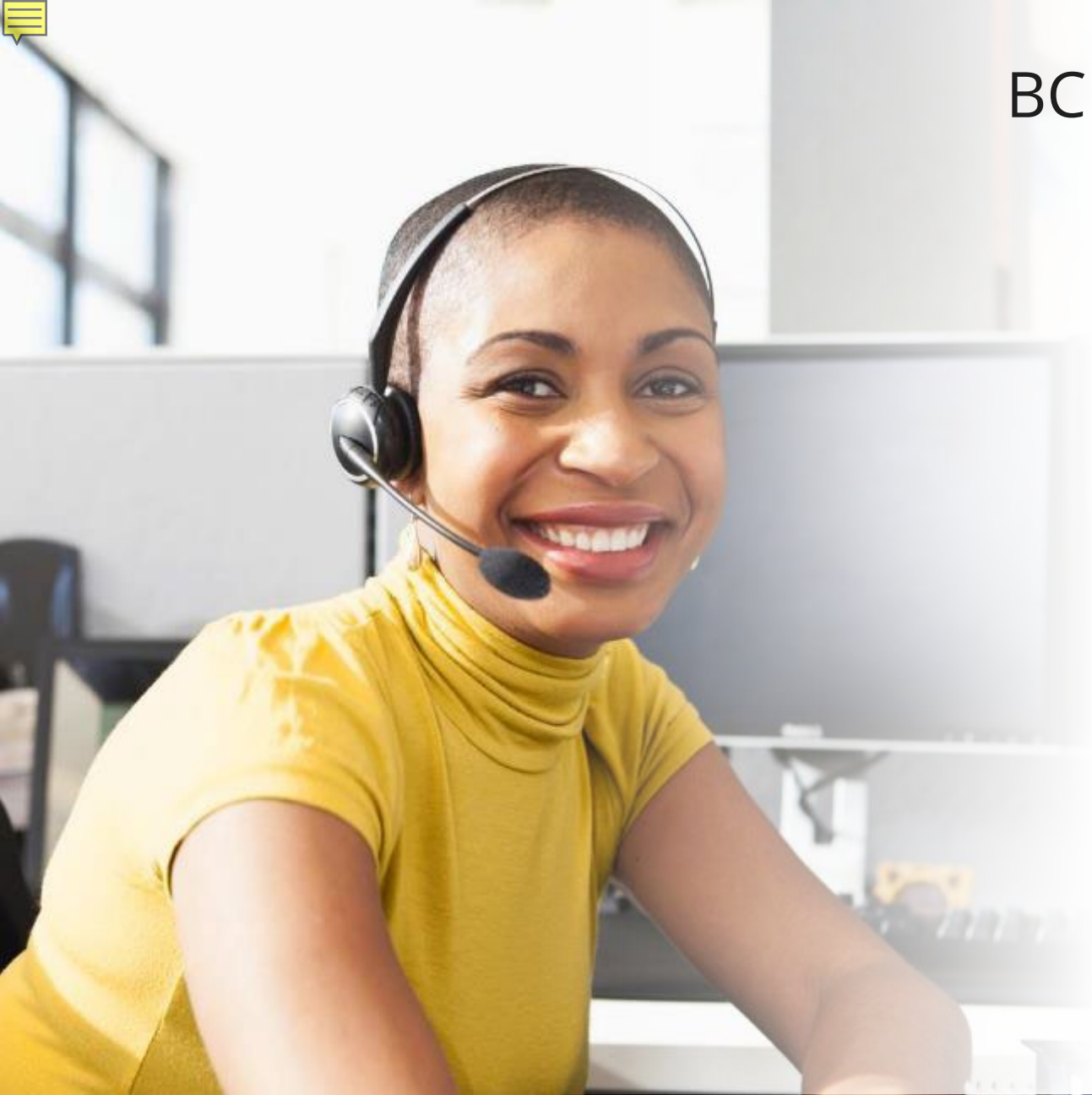
July 14

Coping with Isolation and Loneliness

Oct. 13

Scan the QR code to learn more.





BCBSTX Personal Health Assistants

For questions and help with:

- Finding a primary care provider
- Benefits, programs and resources available through your medical plan
- Costs estimates, finding in-network providers and scheduling appointments
- How-to's and resources

Call **(800) 252-8039 (TTY: 711)**

Monday–Friday: 7 a.m. - 7 p.m.

Saturday: 7 a.m. - 3 p.m. CT

For Additional Assistance

ERS

EMPLOYEES  RETIREMENT
SYSTEM OF TEXAS

**Employees Retirement
System of Texas**

Call **(866) 399-6908**
Monday–Friday: 7:30 a.m. - 5:30 p.m.
or online at **ers.texas.gov**



Questions

If your question is not answered today, email

BCBSTXSupport_ERSTeam@bcbstx.com

A BCBSTX representative will respond to your email
within three business days

Disclosures

WebMD is an independent company that administers the Buena Vida program. WebMD contracts directly with Employees Retirement System of Texas to provide employee health and wellness programs. They do not offer Blue Cross and Blue Shield of Texas products or services and are solely responsible for the products and services they provide. BCBSTX makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them.

The Fitness Program is provided by Tivity Health™, an independent contractor that administers the Prime Network of fitness locations. The Prime Network is made up of independently owned and operated fitness locations.

BCBSTX makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them

Blue Cross and Blue Shield of Texas is not the administrator of pharmacy benefits.

Blue Cross and Blue Shield of Texas is the third-party administrator for HealthSelect of Texas® and Consumer Directed HealthSelect™