

## GOT YOUR FLU SHOT?



Flu season is here. This is the time of year when flu viruses spread quickest. Luckily, vaccinations (also known as immunizations) are your family's best protection from flu viruses. Vaccinations not only protect you; they can also help stop the spread of the disease throughout your community.

### Know where to go

As a HealthSelect of Texas<sup>®</sup> or Consumer Directed HealthSelect<sup>SM</sup> participant, you have options for getting your vaccinations.

1. See your primary care provider (PCP)
2. Go to an in-network retail health clinic (located in pharmacies or grocery stores)
3. Go to an in-network urgent care center

Flu vaccines are covered at 100% through your HealthSelect<sup>SM</sup> plan benefits when you use an in-network provider.

To find in-network providers, simply log in to your Blue Access for Members<sup>SM</sup> account, or create an account if you haven't already. On the dashboard home screen, look for the "Find Care" options on the right, and then click on the button for the type of care you would like to search.

### Questions?

For questions or additional help, you can call a Blue Cross and Blue Shield of Texas Personal Health Assistant toll-free at **(800) 252-8039 (TTY: 711)**, Monday — Friday, 7 a.m. — 7 p.m. and Saturday, 7 a.m. — 3 p.m. CT.

You can also get the flu vaccine through your HealthSelect Prescription Drug Program (PDP) benefits. For more information about HealthSelect PDP benefits or for help locating an in-network pharmacy, you can call the HealthSelect of Texas PDP toll-free at **(855) 828-9834 (TTY: 711)**.

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