



MENTAL HEALTH
VIRTUAL VISITS:
FOR YOUR MENTAL HEALTH SUPPORT

Make an appointment and connect with a licensed mental health professional face-to-face from your smartphone in the comfort of your home with a virtual visit.



Why mental health virtual visits?

- Access to licensed mental health professionals 7 days a week - availability via secure video or mobile app from almost anywhere
- Average appointment wait time 7 days or less

MDLIVE® licensed mental health professionals can help with a variety of mental health conditions including:

- Anxiety
- Depression
- Relationship Issues
- Trauma and Loss
- Insomnia
- Addiction
- Stress
- Anger Management

Psychiatrists may also prescribe medications, which would be processed through your RX Plan administrator.

What it costs:

The following benefits apply for in-network mental health virtual visits:

- HealthSelect of Texas® and HealthSelectSM Out-of-State: \$25 copay
- HealthSelectSM Secondary: 70% coinsurance, after the annual deductible is met
- Consumer Directed HealthSelectSM: 80% coinsurance, after the annual deductible is met

Save time and activate your MDLIVE account now!

- Call MDLIVE at **(800) 770-4622**
- Visit **MDLIVE.com/healthselect**
- Download the MDLIVE app from the Apple StoreSM or Google PlayTM Store



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