

CHOOSE A PRIMARY CARE PHYSICIAN (PCP) TODAY

Why should I select a PCP?

Having an in-network PCP can help keep your health care costs down. Participants enrolled in HealthSelectSM of Texas must select a PCP to receive the highest level of benefits, which saves you the most money, but all participants can benefit from selecting an in-network PCP regardless of your plan!

Referrals are required for **certain services** under the HealthSelect of Texas (In-Area) plan. Being sure you have an active referral will save you the most money when you see a specialist.

Benefits of having a PCP coordinate your care:

- Access to a doctor that knows you and your medical history.
- If you're sick, it's easier to schedule an appointment as an established patient than to find a doctor accepting new patients.
- Visits to your in-network PCP are less expensive than visits to urgent care centers or specialists.

Don't wait—take a few minutes today and **select a PCP** from the more than 14,000 in-network PCPs across the State of Texas. Remember, you can change your doctor at any time. If you've already chosen a PCP—great! Don't forget to schedule your annual wellness exam.

How do I select a PCP?

Call a Blue Cross and Blue Shield of Texas Personal Health Assistant toll-free at **(800) 252-8039**, Monday– Friday, 7 a.m. – 7 p.m. and Saturday, 7 a.m. – 3 p.m. central time.

OR

Use Blue Access for MembersSM:

1. Go to **www.healthselectoftexas.com**.
2. Click “Log In” in the top right corner.
3. If you already have a Blue Access for Members account, log in using your username and password.
4. Otherwise, register for Blue Access for Members following the instructions on the screen.
5. Once you're logged in, go to the “Doctors and Hospitals” tab.
6. Click “Select Primary Care Physician.”

