



**dr.** on demand

## Support for Your Mental Health Anywhere

Doctor On Demand offers a private and secure space where you can connect with a licensed psychologist or psychiatrist face-to-face from your smartphone, 7 days a week.

HealthSelect plans now cover mental health virtual visits.

Register and choose a provider who fits your needs from a team of diverse and experienced psychologists and psychiatrists. Then make an appointment that works with your schedule to discuss what's important to you.

### HOW WE CAN HELP

Our team of psychologists and psychiatrists are here to help when you are looking for extra support.

- + Anxiety
- + Depression
- + Relationship Issues
- + Trauma & Loss
- + Family & Parenting
- + Addiction
- + Anger Management
- + Insomnia
- + Many More

### WHAT IT COSTS

The following benefits apply for in-network mental health virtual visits:

- + **HealthSelect of Texas<sup>SM</sup> and HealthSelect Out-of-State:** \$25 copay
- + **HealthSelect Secondary:** 70% coinsurance, after the annual deductible is met.
- + **Consumer Directed HealthSelect<sup>SM</sup>:** 80% coinsurance, after the annual deductible is met.

### DOWNLOAD AND REGISTER

[doctorondemand.com](http://doctorondemand.com)



**HealthSelect** of Texas

CONSUMER DIRECTED  
**HealthSelect**<sup>SM</sup>