

THE HEALTH ASSESSMENT (also known as Health Risk Assessment)

The OnMyWay Health Assessment includes adaptable questions to learn more about the participant's current health status, including how their health compares with others in their age group. It will identify what they are already doing well and where there are opportunities for improvement. After taking the assessment, participants will get a personal wellness report. If your agency offers incentives for completing a health risk assessment, your employees can provide proof of completing the OnMyWay Health Assessment to qualify for the agency incentive.

How to Access the OnMyWay Health Assessment

In order to take the Health Assessment, you must register for both Blue Access for MembersSM and Well onTarget®.

To register:

1. Go to www.healthselectoftexas.com.
2. Click on "Log In" in the upper right-hand corner. If you already have a Blue Access for Members account, log in. If you do not have an account yet, click "Register Now" and use your medical ID card to create an account.
3. Once you're logged in to Blue Access for Members, click "Well onTarget" under the Quick Links on the left.
4. Provide your information to register for Well onTarget.
5. Click "Get Started Now" to take the Health Assessment.
6. To obtain a certification of completion, click "Menu" in the top left, then "Certificates." *Note: the certification of completion contains the name of the course and the participants name. It does NOT contain any personal health information.*